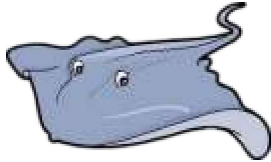


FEC Stingray Aquatics Teams Registration

Conzelmann Community Center, 2201 Cottage Way



District Residents & 2016 Returning Swimmers
Begins Wed. February 15 at 9:00am

Open Registration
Thurs. February 16 at 5:00 - 7:00pm

Registration will continue in the District Office Friday, February 17 from 8:00am - 5:00pm, Monday - Friday.

Fees

Stingray Swim Team & Synchronized Swim Team

	<u>FEE</u>	<u>RESIDENT</u>
One Swimmer	\$195	\$185
Two Swimmers	\$320	\$300
Three Swimmers	\$410	\$380

* Each additional family member will cost \$80 (\$70 Resident).

* A family member is defined as: children living in the same household with at least one shared guardian.

Additional \$70 per swimmer to join both teams

Parent Club Fee:

\$200 per family to FEC Stingray Boosters (Refundable if parent volunteers)

For Aquatics Teams and Partial Scholarship information contact Teri deRosier: (916) 927-3802 x114 or tderosier@fecrecpark.com



Pre-Season Swim Clinics

Mon. - Thurs.

\$38 (\$35 Res.) per session

Session 1: April 3 - 6

Session 2: April 10 - 13

Session Times:

7 - 10 6:00 - 7:00pm

11 & over 7:00 - 8:00pm

Synchro Technique Clinics

Mon. - Thurs.

\$38 (\$35 Res.) per session*

Are you new to the synchro team or interested in refreshing your skills for the upcoming synchro season? Get a head start on the synchro season!

Session Times:

Session 1: April 3-6

Session 2: April 10-13

Session 3: April 17-20

Novice: 6:00 - 7:00pm

Intermediate: 7:00 - 8:00pm

Swim Team

Monday - Friday

Come join the FEC Stingrays for a fun-filled summer at Cottage Pool! Our recreational swim team focuses on stroke technique, endurance, sportsmanship, teamwork, and fun. Swim Season runs April 17 to July 17. Meets are held on Saturdays in June and July.

Evening Practices: April 17 - April 28

6 & under	5:30 - 6:00pm
7 - 8	6:00 - 6:30pm
9 - 10	6:30 - 7:15pm
11-12	7:15 - 8:00pm
13 & over	7:45 - 8:45pm

Evening Practices: May 1 - July 14

Red	5:30 - 6:30pm
White	6:30 - 7:30pm
Blue	7:30 - 8:45pm

Optional Mornings: June 12 - July 14

White (M/W/F)	8:30 - 9:30am
Blue (M/W/F)	7:00 - 8:30am



Synchronized Swim Team

Combine swimming with glamour, fun, and friends! FEC Stingray Synchronized swimming has it all! All swimmers on our recreational team will learn basic figures and routines. Synchro Season runs April 24 to July 17. Meets will be held on Wednesday evenings in June and July.

* Variable schedule for routine practice. Verify practice times with Coach during Season.

For more information on the FEC Stingrays Aquatics Teams visit: www.fecstingrays.org