



# Fulton-El Camino Recreation & Park District

## Newsletter Vol 2. October 2025

### Measure Q Projects & Updates

See your Measure Q dollars in action! Stay in the loop on how we're upgrading parks and facilities, and track the latest project milestones as



we make improvements across your community's Parks and facilities. *Pictured: Howe Park bridges getting upgrades and ADA compliance improvements.*

[Read More](#)

### Grant Project Update

Construction of the new gazebo at Santa Anita Park, situated along Bell Street, is nearing completion. The final addition of a new picnic table is on order, and we look forward to celebrating this addition with the community soon. This project was made possible by a \$60,000 Community Development Block Grant awarded to FECRPD by SHRA. *Pictured: ADA compliant walk way to new Santa Anita gazebo.*



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### FEC Board of Directors

- Teresa Higgins - Chair
- Michael Seaman - Vice Chair
- Kathleen Stricklin - Secretary
- Chris Fischer - Director
- Laura Lavallee - Director



### General Manager's Message

Dear Neighbors,

#### Happy October from FEC!

As the air turns crisp and leaves begin to fall, our parks come alive with vibrant colors and a variety of activities. On behalf of the Board of Directors and District staff, we're excited to connect with you. This newsletter is our way of keeping you informed. From community events to programs and park improvements, there's always something happening!

**Measure Q:** We are excited to have completed our first Measure Q project of replacing the roof of the Richard T. Conzelmann Community Center. This upgrade helps ensure the center remains a vital resource and space for the community. Please keep up to date on all current and completed Measure Q projects by visiting our webpage.

# FEC Little League Registration Opens November 12, 2025!



Fulton-El Camino Recreation and Park District  
District 6 Little League

## Little League Baseball

Registration for Spring Season Opens for All Divisions  
November 12, 2025 to January 16, 2026

Sign up for T-Ball, Minors, and Major leagues! The fee includes a uniform, shirts and hats, practice, games, and fun activities and spring season games.

Contact: Robin Romines  
Email: rromines@fecrpd.com

### Fees by Division:

**T-Ball (4-6yrs):**  
\$125 Non-Resident, \$115 Resident

**Minors / Coach Pitch (7-9yrs):**  
\$175 Non-Resident, \$160 Resident

**Minors / Player Pitch (8-10yrs):**  
\$175 Non-Resident, \$160 Resident

**Majors (10-12yrs):**  
\$180 Non-Resident, \$165 Resident

**Late Bird Fee:**  
(Any Registration between Jan 16, 2026- Feb 4, 2026)  
Additional \$35

**Get Involved and Volunteer!**  
Help us make this season a success!

We need **dedicated volunteers** for various roles: Coach, Assistant Coach, Team Mom, Scorekeeper, Field Supervisor, Volunteer Umpire, and more!

WWW.FECPD.COM  
916-927-3802  
2201 COTTAGE WAY SAC, CA 95825



Batter up! FEC Little League registration swings open November 12th! Looking for a fun way to keep your kids active, boost their confidence, and help them make lifelong friends? Little League isn't just about baseball. It's about teamwork, learning new skills, and creating memories that'll stick with them for years to come. Don't miss out—join the fun and let's play ball!

[Read More](#)

## Upcoming Events

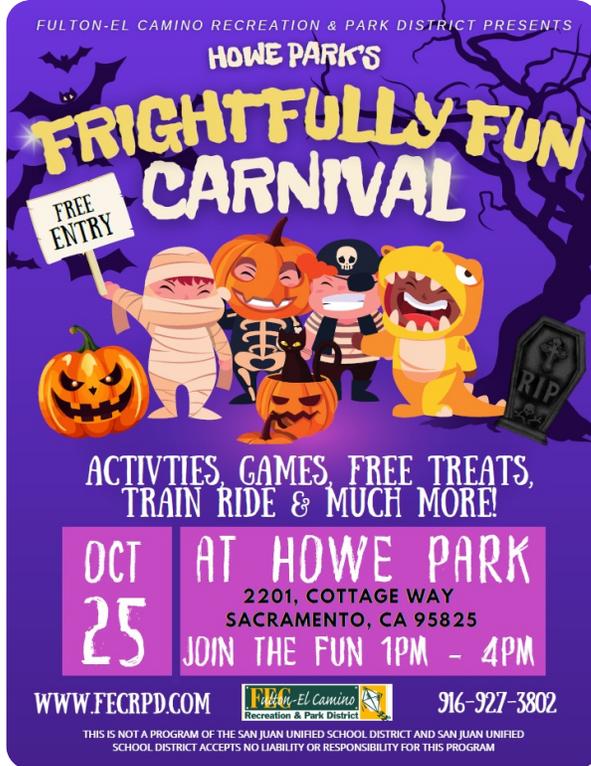
Measure Q Project Updates  
Click: Here [Measure Q Project Updates Click: Here](#)

**Park Improvements:** As we continue making improvements through Measure Q, FEC is always looking for ways to enhance our parks for the community, but we need your help! If you notice anything that could use an update, a fresh coat of paint, or just a bit of extra care, please let us know. You can submit your suggestions online by [clicking here](#). We value your partnership as we work to ensure our parks are the best they can be for the whole community.

**Programs:** This fall and winter, we invite you to connect with neighbors and friends at our upcoming community events. The Frightfully Fun Halloween Carnival returns on October 25th, and we'll soon share more details about the annual tree lighting event on December 6th on Fulton Avenue. Find out more about how to get involved in our programs, leagues, classes and events by visiting our [Activity Guide for Spring, Summer and Fall\(Click Here\)](#).



**Community Service:** FEC was honored to receive a certificate of recognition from the Sacramento Chapter of Parents of Murdered Children during their National Day of Remembrance event at the State Capitol. The award acknowledges our ongoing partnership. This non-profit organization provides support and assistance to all those impacted by homicide.  
*Pictured: Staff accepting the certificate of recognition.*



Please connect with us on [Facebook](#), [Instagram](#), and website to stay up-to-date in between our newsletters. And help us get the word out by sharing with your friends and neighbors!

Warm regards,

Emily Ballus, General Manager



## ***Saturday, October 25, 2025***

Get ready for a spooktacular night at our annual Halloween Carnival at Howe Park! Bring the whole family for an evening packed with games, treats, and our haunted train ride. Enjoy free hot dogs, chips, and water while supplies last. Don't miss out—join us for a Halloween celebration you won't forget!

[Read More](#)

## **Program Spotlight: Adult Gentle Yoga at Cottage Park**

**Sundays 12:30 – 1:30 PM**

**Class held at Cottage Center,  
3097 Cottage Way**

\$24/Mo. Residents \$26/Mo. Non-Residents \$10 Drop-In fee

Instructor: Ann Wehrmen

Looking for a peaceful and relaxing way to connect with others? Join us for our Gentle Yoga Class!



This is a welcoming, low-impact yoga session designed for all experience levels. Whether you're a seasoned yogi or a complete beginner, this gentle practice will help you find calm, improve flexibility, and release tension.

What to Expect:

- A relaxed, beginner-friendly yoga session with gentle stretches and mindful breathing.
- A focus on relaxation, balance, and overall well-being.

What to Bring:

- Comfortable clothing for movement.
- A yoga mat.
- An open heart and mind for a relaxing experience.

We look forward to sharing a tranquil, refreshing experience with you and making new friends along the way!

Discover  
More

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## Fulton–El Camino Recreation & Park District is a Special District.

### So, What is a Special District?



Special districts are independent units of local government, distinct from counties, cities, or townships, established to perform one or a limited number of specific functions – in our case parks and recreation - within defined geographic boundaries.

These special districts are formed to provide services or facilities that city or county governments aren't supplying, perhaps due to jurisdictional limitations, lack of resources, or the specialized nature of the need. They operate with

focused expertise and are often structured to directly link service costs to the benefits received by the people or properties they serve.

Special districts have become the most rapidly growing category of local government in the United States. While the number of general-purpose governments has remained relatively static for decades, special district counts have continuously increased.

Special districts safeguard our communities, working to keep our families healthy and able to thrive!

#### Common Examples of Special Districts:

- Parks and recreation
- Water supply and sanitation
- Libraries
- Fire Protection
- Cemeteries

Excerpt from <https://govfacts.org/explainer/special-districts-vs-general-purpose-governments-the-hidden-world-of-local-power/>

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